

Melisa Nikovics, MA., LPCC Education and Licensure

5/2015: 700 Hours, Undergraduate Internship with Catholic Charities, Elk River.

12/2016: 1400 hours Graduate Practicum at Nystrom and Associates, Maple Grove.

6/2017: Bethel University Master of Arts, Major: Counseling Psychology; Concentration: Community Counseling overall graduating GPA 3.97

4/1/2020-active as of date State of Minnesota Board of Behavioral Health and Therapy (BBHT) Licensed Professional Clinical Counselor (LPCC)

4/1/21: Approved Clinical Supervisor for the Minnesota Board of Behavioral Health and Therapy (BBHT)

4/1/23: Rule 144 Alternative Dispute Resolution (ADR) Qualified State Rostered Neutral; Family Law Evaluative/Hybrid Neutrals Roster – SENE & FENE; Mediator

Melissa Nikovics, MA., LPCC Post Graduation Continuing Education Units (CEU's) & Training

7/24/19: 1 hour "EMDR" presented by Lena Ruchko, LPCC

9/6/19: 6.5 hours "CEU Steps to Therapeutic Success with Clients with Borderline, Narcissistic, and Antisocial Personality Disorders" presented by Daniel Fox, PhD.

9/11/19: 1 hour "Clinical Documentation" presented by Listle Thistle, LPCC

10/9/19: 1 hour "Substance Use Disorders: effects on brain functioning and overlap with mental health symptoms," presented by Nadia Fischer-Danzeisen, LADC

12/27/19: 6 hours: "10 Clinical Skills to Overcome Eating, 360 Degrees of Mindful Eating," presented by Pavel Somov, PhD

1/8/20: 1 hour: "Adverse Childhood Experiences," presented by Angela Lashinger, MA, LPCC

1/31/20: 6 hours "Diets and Our Demons; A Mindful Approach to Treating Overeating, Binge Eating, and Weight Concerns," presented by Judith Matz, MSW, LCSW

2/12/20: 1 hour "Working with High Conflict Custody and Legally Involved Clients," (part 1) presented by Annie Pope

2/25/20: 1.75 hours "Couples Therapy: Advances and Challenges in Couples Therapy Today," presented by David Schnarch, PhD

2/26/20: 1 hour "Billing Code Training," presented by Monica Larson, BFA

3/2/20: 1 hour "Suicide Risk and Assessment," presented by Jack Hinrichs

3/18/20: 2 hours "33 Tips and Tools for the Anxiety Toolbox: Using CBT, DBT, Mindfulness and ACT," presented by Judy Belmont MA, LPC

5/13/20: 1 hour "Working with High Conflict Custody and Legally Involved Clients," (part2) presented by Annie Pope MA

6/5/20: 6 hours *"Integration of Psychology, Theology, and Spirituality"* presented by Jack Hinrichs, MA LMFT

6/10/20: 1 hour *"Gender Dysphoria,"* presented by Allison Parranto LMFT and Brooke Benson, MA

7/8/20: 2 hours *"Pure O" OCD Subtypes: How to Identify and Treat Them,"* presented by Nicki Rubin PsyD

7/10/20: 6 hours *"Embracing Life After Loss: Therapeutic Tools That Promote Healing and Hope Among Children, Adolescents, and Adults,"* presented by Erica H. Serrine Ph.D., LCSW

7/22/20: 1 hour *"County Coordination,"* presented by Allison Parranto LMFT

9/9/20: 1 hour *"The Differences Between Service Animals, Therapy Dogs, and Emotional Support Pets,"* presented by Rose Hoene, MSW, LICSW

9/11/20 - 10/16/20: 45 Hours: *"Minnesota Board of Behavioral Health and Therapy 45 hour supervision training."*

10/14/20: 1 hour *"Perinatal Mood and Anxiety Disorders."*

1/27/21: 1 hour *"Parenting Techniques,"* presented by Jan Hafner MS, LPCC

2/25/21: 1 hour *"Feedback Informed Treatment,"* presented by Brian Nystom, MSW, MA-IRCOD, ASCW, LICSW, LMFT

4/20/21: 1 hour *"Special Assessments,"* training for Domestic Violence presented by Allison Parranto MA, LMFT

4/20/21: 1 hour *"Special Assessments,"* training for pre-surgical evaluations presented by Allison Parranto MA, LMFT

4/27/21: *"Building Diversity Competence in Clinical Practice,"* presented by Amber Wentzel, LMFT

4/28/21: 1 hour *"Cultural Competency,"* presented by Amber Wentzel, LMFT

5/12/21: 1 hour *"Open Notes Training"* presented by Nystrom and Associates

6/23/21: 2 hours *"Outpatient Standard of Care: Ethical Practice and Person-Centered Care,"* presented by Alexa Thelen, MA, LPCC and Allison Parranto, MA, LMFT

7/16/21: 6.5 hours *"A Forensic CBT Primer: Identifying and Restructuring Crimineogenic Thinking,"* presented by Raymond Chip Tafrate Ph.D.

9/8/21: 1 hour *"Understanding Substance Use Disorders,"* presented by Nancy Anson

11/10/21: 1 hour *"Lovable: Embracing Your True Self,"* presented by Meghan Septer PsyD., LP

2/9/22: 2 hours *"Suicide Assessments and Treatment Planning: CAMS Approach: Collaborative Assessment and Management of Suicidality,"* presented by Jack Hinrichs

4/27/22: 1 hour *"Clinician Burnout,"* presented by Megan Septer PsyD, LP

5/11/22: 1.5 hours *"Domestic Violence: What Every Provider Needs to Know,"* presented by Brett Cushing, MA, LMFT; Karin S. Ryan PsyD, LP

6/7/22: 1 hour *"Fetal Alcohol Spectrum Disorders,"* presented by Jessica Klasen MA LPCC

9/14/22: 1 hour *"Tools to Work with SUD Clients,"* presented by Jennifer Meade, LADC

11/9/22: 1 hour *"Cognitive Processing Therapy,"* presented by Sandra Kroll MSW, LICSW

1/11/23: 1 hour *"Efficient and Ethical Documentation,"* presented by Megan Septer, PsyD

3/8/23: 1 hour *"245i Compliance: Mandated Reporting and Client Rights,"* presented by Megan Osterbauer, MA, LMFT

1/12/23-1/20/23: 40 hours *"Family Mediation Skills, Including 6 hours of Domestic Violence Issues and 2 hours of Ethics and 2 hours of Elimination Bias,"* presented by Carl Arnold: Arnold Law and Mediation and Janeen Massaros South Metro Mediation Services

2/1/23-2/2/23: 16 hours *"AFCC MN SENE Training,"* presented by Basic ENE Training; AFCC MN Training Committee

2/3/23: 8 hours *"AFCC MN FENE Training,"* presented by Basic ENE Training; AFCC MN Training Committee